MICHELLE'S DANCE ACADEMY POLICIES

Please read carefully...changes have been made

DRESS CODE

Teddy Bear, Lady Bug, Kangaroo, Level 6 &7: must be in a one piece leotard & tights. This may be skirted (with attached skirt), short length, with any sleeve style, **but must be all one piece.** Any additional non-attached pieces will be removed before class. This includes "booty shorts"

Level 4 &5: must be in a one piece leotard & tights. This may be skirted, short length, with any sleeve style. They may wear booty/dance shorts over their leotards.

Level 1 -3: Dancers must come to class with proper attire. This includes tights, leotards, spandex dance tanks, <u>NOT</u> FLOWY TANKS fitted dance pants, dance shorts, or skirts. **This does not include "soffee" shorts, pajama pants, street clothes, sweatshirts or fitted street t's!** Dance pants must be tightly fitted to at least the thigh. No baggy clothes will be allowed. *Fitted* athletic jackets may be worn throughout beginning class warm ups but must then be removed.

Hippity Hop 1& 2, Hip Hop 1-4: Follow your recommended level dress code. Hip Hop Only dancers can wear leotard, athletic fitted tank, dance/booty shorts and tights.

Boys: wear shorts or work out pants, socks, t-shirts or tanks. Make sure clothing is not to "baggy". All pants need to be hemmed and not dragging on the floor for your safety.

Hair should always be up by the start of class in a bun, full ponytail, or braid. Please keep bangs out of face. When dancers are not comfortable and able to move freely, their attention is not on dance. Parents please help with this ongoing problem. Dancers will need to sit out on class if they do not dress for dance.

*If dress code is not followed, all dancers will be required to wear strictly leotards & tights.

SHOES

Teddy Bear, Lady Bug, Kangaroo, Level 6 &7 Tap: Junior "Tyetts" or "Mary Janes" styles in caramel (Boys Black Jazz Tap)

Teddy Bear, Lady Bug, Kangaroo, Level 4-7 Ballet: Pink Ballet shoes

Level 1-5 Tap: Jazz Tap Shoes caramel (Boys Black)

Level 1-3 Ballet: Leather Pirouette II Nude (canvas may be worn for practice but leather is needed for recital)

Level 1-7 Jazz: Caramel slip on Jazz Shoes (Boys Black)

Clogging: Black Clogging Shoes

Hip Hop 1-4: any color jazz boot or clean lightweight tennis shoe (used for inside dance only) **Specialty Hip** hop shoes will need to be ordered by parents in approximately November to match costumes.

Hippity Hop: Caramel slip on Jazz Shoes (Boys Black)

Contemporary Fusion: Leather Pirouette II Nude

other colors are acceptable for class, these are recommended colors if purchasing new shoes until we know what is needed for recital

ATTENDANCE

Good attendance is very important for the progress of each class. Students are allowed to miss two classes per semester: first being September – December and second January – May. If your dancer misses more than two classes they may be made up with other levels. After we begin recital dances they must be made up with private lessons at an additional cost. If *Grinnell* School is canceled due to WINTER WEATHER ONLY, dance classes will also be cancelled. Each class may miss two classes without a make up. If cancellations are excessive all classes may not be made up. This will be decided by class progress. Remember 80% attendance is required for your dancer to advance levels next year.

Please have children to class on time, but <u>do not bring them more than 5 minutes early!!!</u> And pick them up on time! We can't be a babysitter and teach class at the same time. We do understand that situations happen but please give the studio a call to let us know. We appreciate your consideration!

No Food except water is allowed in the studio before, after or during classes for anyone in the studio waiting areas. Please communicate with your dancers to not bring food/candy in bags and make arrangements for snacks before or after class with dancers or siblings waiting. Thank you for helping us keep the studio sanitary and bug free!

CELL PHONES

Student cell phones should be turned off or muted while in the waiting room so that they don't interfere with the educational environment. Students should refrain from checking their cell phones during shoe changes, water breaks, bathroom breaks, etc. We prefer that young children DO NOT bring cell phones unless absolutely necessary. You are always welcome to contact the studio phone to get ahold of your student whenever needed. Our phone number is 641-236-9337.

RECITAL

Recital week mini rehearsals and dress rehearsal are <u>MANDATORY</u>. Students must perform in all recitals. Please see Important Dates for mini rehearsal, dress rehearsal and recital dates.

All parents **Teddy Bear, Lady Bug, Kangaroo & Level 4** – 7 will be required to help backstage one night. The students will draw names in class to determine if your day will be Wednesday, Friday or Saturday. If we feel it is necessary, we may ask parents from Level 3 to help backstage depending on responsibility of students and flow of recital.

• Please note we will not be doing Finale 1 this year

Recital Tickets

All recital tickets will be ordered ONLINE with <u>reserved seating</u>. All ordering information will be given out closer to recital.

CLASS PAYMENTS

Payments will be due automatic withdrawal on the first of each month or annually. At time of registration you pay the 1st payment and the next 8 payments are taken out September 1st – April 1st. Payments are figured annually, and broken down into 9 equal payments. Payments will be deducted on the 1st day of each month or the first banking day of the month. A \$10.00 late fee (per week late) will apply to ALL late payments, and a \$30 service charge will be applied for any non sufficient funds. Registration fee is non-refundable. Registration fee and first payment are due at the time of registration. Any ACH account changes must be made 15 days prior to next automatic withdrawal.

*For ACH customers, first payment and registration fee are due at the time of registration to hold your dancers spot in class.

Payments are figured annually, broken down into 9 equal payments.

COSTUME PAYMENTS

All costumes are \$75.00 per costume. Teddy Bears & Lady Bugs have only one costume and will perform one dance at the spring recital. Kangaroo classes will be in a "2 in 1", so will pay for only one costume. Also please keep in mind that Boys, Clogging, Hip Hop and all XL+ Adult costumes may have an additional \$10-\$30 fee. Costume payments will be due in full on October 2nd. We will accept Cash, Check or Online payments only. A \$10 late fee (per week late) will apply to all costume payments. Costumes not paid for on time cannot be ordered. An additional shipping fee of \$30-\$50 will be charged per costume for late orders.

IF GRINNELL SCHOOL IS CANCELLED DUE TO WINTER WEATHER, THEN DANCE IS ALSO CANCELLED!

Classes Available

- **Preschool:** 45 minute creative ballet/tap combo class; Students are introduced to movement and music through the wonderful world of ballet and introduced to rhythmic patterns of tap. (Performs one dance at spring recital)
- **Ballet:** Required for all girls. The foundation of all dance forms. Body placement, flexibility, balance, alignment, strength and technique are achieved through barre and center floor work.
- **Tap:** Preschool Level 1. Tap is a style of American theatrical dance. Distinguished by percussion footwork that marks out precise rhythmic patterns on the floor. Some descriptive step names are brush, flap, shuffle, ball change and cramp roll.

- **Jazz:** Level 1-7. We challenge our students with many different forms of jazz, all high energy, but with different styles. These classes are popular with all ages and provide an added benefit cardiovascular exercise due to the high level of energy exerted. Jazz class is a fun and fast paced mixture of various techniques. Students must take jazz to be considered for hip hop.
- Clogging: Age 8 & Up by Aug 1, <u>must be enrolled in a tap class & have 2 years previous years tap training</u>. Clog dancing, sometimes called power tap-dancing, is precision step dance with metal taps affixed to the toes and heels of dance shoes.
- **Hippity Hop: Age** 4 & Up by Aug 1. An energetic style of movements for the younger generation to introduce Hip Hop in a Disney style atmosphere.
- **Hip Hop:** Age 7 & Up by Aug 1. **Ballet not required for Hip Hop Classes,** but students taking ballet & jazz will have 1st consideration for class availability through registration day. Hip Hop is a blend of today's high energy "street style" movement. Typically performed to "popular rap music".
- **Contemporary Fusion**: Age 11 & Up by Aug 1. Combination of lyrical, modern and contemporary styles with choreography and improvisations.

The following classes will be offered in "sessions" throughout the dance year and not be a continues yearly class, please watch for more information to follow for those sessions.

- Barre Technique:Barre work includes both slow exercises, which stretch and warm up muscles, and fast exercises, which help dancers strengthen muscles and maintain technique at any speed. Each technique has a specific purpose, such as to strengthen feet, increase extension, improve flexibility, and help a dancer find their stability and balance while learning correct placement. Proper placement (positions of feet and arms in ballet) and posture is emphasized in all barre technique. Barre continues to be an important tool in all levels of dance.
- Turn, Leap and Flexibility Technique: A great way to take your dancing to the next level and focus on strength in these important areas, strongly encouraged for all competition dancers and student assistants (this is a technique only class and will not perform at recital)